

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times	Time	Behind
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Jenter 15-17 år

1	Karoline Erdal	Førde II	1:01:42 44:22	1:46:04	
Count	1	Entered: 2	Started: 1	# controls 1	

Kvinner 20-22 år

1	Lucy Jancus	Hornindal II	1:03:12 45:41	1:48:53	
2	Anna-Lena Stich	Ptsv Rosenheim	1:08:19 50:00	1:58:19	09:26
3	Hanne Kristiansen	Il Vetem	1:09:13 51:13	2:00:26	11:33
4	Synnøve Wiger Austefjord	Ntnui	1:09:24 51:41	2:01:05	12:12
5	Hanne Carine Blom Solheim	Ntnui	1:12:28 1:03:06	2:15:34	26:41
6	Gunvor Johanne Veiteberg Eide	Ntnui	1:23:13 1:02:04	2:25:17	36:24
Count	6	Entered: 6	Started: 6	# controls 1	

Kvinner 23-34 år

1	Laura Orgue	Team Salomon Santiveri	47:29 34:38	1:22:07	
2	Inger Liv Bjerkreim Nilsen	SK Vidar / Team United	50:52 37:34	1:28:26	06:19
3	Valentina Belotti	Runner Team 99	51:30 39:07	1:30:37	08:30
4	Alice Gaggi	Runner Team 99	51:50 39:04	1:30:54	08:47
5	Merete Helgheim	Gloppen Friidrettslag	52:27 38:42	1:31:09	09:02
6	Audhild Hestad	Gaular II	56:25 41:55	1:38:20	16:13
7	Elisa Sortini	Team Valtellina	57:13 43:52	1:41:05	18:58
8	Elisabeth Vik	Varegg Team Melkesyre	58:53 43:56	1:42:49	20:42
9	Karin Hilstad	Bergen	1:03:02 44:51	1:47:53	25:46
10	Malin Holmberg	Valldal	1:01:48 47:33	1:49:21	27:14
11	Lina Hydle Rivedal	Bergen	1:02:55 48:07	1:51:02	28:55
12	Gro Siljan Hjukse	Atello / La Sportiva	1:04:56 46:38	1:51:34	29:27
13	Elena Haugen	Ernst & Young	1:04:57 47:34	1:52:31	30:24
14	Stine Mari Taule	Kyrkjebø II	1:05:05 47:37	1:52:42	30:35
15	Ragnhild Minde Romarheim	Hjellvik II	1:06:04 46:41	1:52:45	30:38
16	Linda Olsen Løland	Team Melkesyre	1:06:13 46:35	1:52:48	30:41
17	Karen Sofie Romarheim	Hjellvik II	1:06:02 46:54	1:52:56	30:49
18	Ellen Vigen	Oslo	1:06:05 48:01	1:54:06	31:59
19	Ida Lange	SSF	1:04:52 49:38	1:54:30	32:23
20	Kristin Syltesæter	Joggedilla Førde	1:06:12 50:09	1:56:21	34:14
21	Camilla Ødegård	Norsk Kraft	1:07:06 50:19	1:57:25	35:18
22	Elisabeth Kock	Fjellgeitene	1:08:23 49:06	1:57:29	35:22
23	Hilde Underdal	Harding	1:09:14 48:25	1:57:39	35:32
24	Gunn-Therese Lund Sørland	Fjellgeitene	1:08:23 49:24	1:57:47	35:40
25	Marianne Sørdal	Stavanger	1:10:49 47:00	1:57:49	35:42
26	Silje Marita Vallestad	Viksdalen II	1:09:46 49:01	1:58:47	36:40
27	Maiken Bentzon	Sandnes	1:08:52 50:23	1:59:15	37:08
28	Charlotte Lie	Ernst & Young	1:11:45 50:27	2:02:12	40:05
29	Mette Benserud	Søreidgrend	1:11:59 50:39	2:02:38	40:31
30	Åse Stensbø Støfring	Vassenden	1:10:08 53:24	2:03:32	41:25
31	Kjersti Ittelin	Multiconsult Bil	1:12:14 53:52	2:06:06	43:59
32	Tina Løkke Vie	Gfil	1:11:15 55:06	2:06:21	44:14
33	Hege Kongshaug	Klæbu II	1:15:20 54:07	2:09:27	47:20
34	Helene Ege Tørres	Fossum If	1:14:05 55:25	2:09:30	47:23
35	Marlene Løw	Tiiim Zlankbakfra	1:15:08 54:25	2:09:33	47:26
36	Marit Isachsen	Multiconsult	1:12:32 58:42	2:11:14	49:07
37	Jannicke Soløy Sletten	Indøkchicksa	1:17:56 53:38	2:11:34	49:27
38	Marie Ameln	Indøkchicksa	1:16:10 55:53	2:12:03	49:56
39	Jeanette Haga Holgersen	Lerøy	1:17:35 55:16	2:12:51	50:44
40	Kathrine Ormevik	Ey Bil	1:16:49 56:06	2:12:55	50:48
41	Elin Kumlin	Ålesund	1:15:10 59:09	2:14:19	52:12
42	Lise Føsum Christiansen	Multiconsult Bil	1:15:51 59:10	2:15:01	52:54

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Rank	Name	Team	Radio times		Time	Behind
Kvinner 23-34 år						
43	Hilde Kristin Njøten	N&n	1:16:25	58:41	2:15:06	52:59
44	Heidi Gravdal	Vassenden	1:15:40	1:00:25	2:16:05	53:58
45	Ragnhild Sanderud	Lerøy	1:22:37	57:55	2:20:32	58:25
46	Svanhild Tennebø	No Team	1:20:46	1:01:58	2:22:44	1:00:37
47	Silje Bakken	Hsi	1:23:12	1:00:11	2:23:23	1:01:16
48	Rinn Eberg Aadland	Ulset	1:21:36	1:08:20	2:29:56	1:07:49
49	Heidi Olsson Kopperud	Seevia	1:23:06	1:11:13	2:34:19	1:12:12
50	Lise Bentzon	Søreidgrend	1:23:53	1:13:45	2:37:38	1:15:31
51	Kristin Strudahl	Halden Ck	1:29:53	1:13:39	2:43:32	1:21:25
52	Christine Bergvatn	Estella/sandane	1:33:21	1:13:57	2:47:18	1:25:11
53	Grete H Løsnesløkken	Moelv City	1:35:35	1:13:37	2:49:12	1:27:05
54	Hanne Haugen	Olsvik	3:07:10		3:07:10	1:45:03
55	Therese Schouw Hansen	Os	1:32:22	1:38:25	3:10:47	1:48:40
Count	55	Entered: 80	Started: 55		# controls 1	

Kvinner 35-39 år

1	May Britt Buer	Gular II	49:19	37:04	1:26:23	
2	Therese Sjursen	Bfgbergen	52:25	37:58	1:30:23	04:00
3	Anita Iversen Lilleskare	Alversund	57:42	42:47	1:40:29	14:06
4	Caroline Christie	Varegg Melkesyre	1:00:27	45:46	1:46:13	19:50
5	Anne Grethe Sandvik	Florø Sportsklubb	1:02:26	46:55	1:49:21	22:58
6	Trude Svartedal	Gnist	1:06:14	46:12	1:52:26	26:03
7	Sara C Deisz	Eidsvågneset	1:06:38	49:34	1:56:12	29:49
8	Jen Lavelly	Indian Peaks Running	2:01:47		2:01:47	35:24
9	Birte Lillevik Fæø	Straume	1:07:56	54:31	2:02:27	36:04
10	Björg Anita Dalseid	-	1:12:43	54:45	2:07:28	41:05
11	Monica Skoge	Løveparken Run	1:16:44	54:47	2:11:31	45:08
12	Nina Møgster	Lerøy	2:19:15		2:19:15	52:52
13	Inger Merethe Høydal	Sparebanken Sogn Og	1:17:31	1:02:15	2:19:46	53:23
14	Vibeke Thomassen	Fana Flis	1:23:06	1:03:24	2:26:30	1:00:07
15	Linea Vedå	Hjellvik II	1:27:34	1:08:08	2:35:42	1:09:19
16	Jannicke Sekkingstad	Sekkingstad	1:23:43	1:16:24	2:40:07	1:13:44
Count	16	Entered: 32	Started: 16		# controls 1	

Kvinner 40-44 år

1	Janne Eikås	Jølster II	56:47	41:40	1:38:27	
2	Susanna Niskanen	Eid II	1:02:57	45:51	1:48:48	10:21
3	Benedikte Liepelt	Molde Og Omegn	1:03:09	46:24	1:49:33	11:06
4	Nina Stenstadvold	Fossum If	1:07:17	46:20	1:53:37	15:10
5	Trude Eimhjellen	Sandane Turn Og Idr.lag	1:05:07	48:45	1:53:52	15:25
6	Bente Hermansen	Joggedilla	1:05:13	50:39	1:55:52	17:25
7	Mette Camilla Furustad	Team Fosnes	1:07:48	48:59	1:56:47	18:20
8	Kari Hovde	Team Sportsbua	1:12:22	51:12	2:03:34	25:07
9	Guro Rusten	Privat	1:12:40	53:55	2:06:35	28:08
10	Elin Bakke	Lom II	1:15:28	53:33	2:09:01	30:34
11	Lise Klevan Dybwad	Fossum If	1:13:56	55:47	2:09:43	31:16
12	Pia Muri	Ålesund	1:14:06	57:50	2:11:56	33:29
13	Barbara Tassani-Prell	Team Salomon Germany	1:14:48	58:40	2:13:28	35:01
14	Marita Lindvik	Team Positiv	2:15:13		2:15:13	36:46
15	Vibeke Ludvigsen	Team Melkesyre	1:16:38	59:44	2:16:22	37:55
16	Irene Winterthun	Statoil Bergen Bil	1:15:35	1:01:00	2:16:35	38:08
17	Vibeke Kippe Nævdal	Fossum If	1:17:54	1:06:00	2:23:54	45:27
18	Bente Skogseide	Varegg Team Melkesyre	1:17:28	1:06:32	2:24:00	45:33
19	Trude Fjæreide	Nordstrøno	1:21:10	1:03:56	2:25:06	46:39
20	Veronika Nytveit	Il Fri	1:24:06	1:02:04	2:26:10	47:43

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Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Kvinner 40-44 år						
21	Tina Biering	Statoil Bil	1:23:15	1:03:26	2:26:41	48:14
22	Anette Haaland	Bergen	1:23:05	1:08:08	2:31:13	52:46
23	Cathrine Haugstvedt	Søreidgrend	1:23:10	1:10:29	2:33:39	55:12
24	Else Merete Wike	Sundbyfoss	1:25:54	1:12:50	2:38:44	1:00:17
Count	24	Entered: 30	Started: 24		# controls 1	

Kvinner 45-49 år						
1	Jeanette Iren Amundsen	Melkesyre	1:01:32	45:18	1:46:50	
2	Sidsel Mohn	Atello / La Sportiva	1:02:13	45:34	1:47:47	00:57
3	Laila Unneland	Il Fri	1:03:55	47:06	1:51:01	04:11
4	Nancy Sommer	Varegg	1:04:29	48:08	1:52:37	05:47
5	Helene Skeie	Fossum	1:06:17	48:20	1:54:37	07:47
6	Kari-Anne T. Ryste	Sunnylven II	1:07:35	48:54	1:56:29	09:39
7	Turid Marianne Solheim	Skaret Skiforening	1:07:48	51:37	1:59:25	12:35
8	Therese Eidsheim	Mjøsdalen II	1:09:22	51:02	2:00:24	13:34
9	Therese Sæbøe Strand	Måløy II	1:10:28	50:10	2:00:38	13:48
10	Marianne Nesbø Ådland	Fri	1:10:02	52:32	2:02:34	15:44
11	Berit Brusdal Havre	Indre Arna	1:11:27	52:19	2:03:46	16:56
12	Jorunn Lunde Fleten	Holsen	1:11:45	53:05	2:04:50	18:00
13	Hanne Liland	Varegg/team Melkesyre	1:13:00	52:04	2:05:04	18:14
14	Linda Methlie	Asker	1:11:40	54:57	2:06:37	19:47
15	Mette Aune Jakobsen	Blåfall As	1:11:55	54:49	2:06:44	19:54
16	Irene Terkelsen	Kondis	1:13:46	54:55	2:08:41	21:51
17	Unni Austefjord	Frekhaug	1:16:47	55:43	2:12:30	25:40
18	Anne Elin Lunde	Storesunde	1:16:27	59:39	2:16:06	29:16
19	Nora Hauge Svendsen	Haukeland	2:24:36		2:24:36	37:46
20	Johanne Klubben	Nesodden II	1:21:08	1:05:01	2:26:09	39:19
Count	20	Entered: 27	Started: 20		# controls 1	

Kvinner 50-54 år						
1	Inger Dagny Saanum	Ge Healthcare	55:12	40:49	1:36:01	
2	Elise Orten	Fri	1:03:33	44:50	1:48:23	12:22
3	Camilla Grieg	Grieg Team	1:04:25	46:26	1:50:51	14:50
4	Mary Moe	Bremanger Idrettslag	1:54:56		1:54:56	18:55
5	Marit Gjerland	Lillehammer	1:08:49	50:21	1:59:10	23:09
5	Eline Storvig	St. Olavs Hospital	1:08:09	51:01	1:59:10	23:09
7	Kristin Landmark	Fossum If	1:08:16	53:33	2:01:49	25:48
8	Grethe Albrektsen	St.olav Bil	1:09:43	53:16	2:02:59	26:58
9	Jorunn Austefjord	Øystese	1:10:36	53:53	2:04:29	28:28
10	Anne Berit Holsen	Holsen	1:11:38	53:38	2:05:16	29:15
11	Lotta Legernes	Tyrving	1:11:08	55:15	2:06:23	30:22
12	Ann Berit Steiro	Førde II	1:18:57	59:22	2:18:19	42:18
13	Grete Hamre	Syril	1:17:43	1:01:46	2:19:29	43:28
14	Marianne Brun	Vpil	1:18:32	1:01:26	2:19:58	43:57
15	Veslemøy Tveit	Bergen	1:23:23	58:51	2:22:14	46:13
16	Gunn Haugen	Klp	1:23:20	1:02:09	2:25:29	49:28
17	Bodil Tessem	Kwintet Norge	1:23:39	1:05:21	2:29:00	52:59
18	Lise Bringedal	Knarrevik	1:26:42	1:05:40	2:32:22	56:21
Count	18	Entered: 25	Started: 18		# controls 1	

Kvinner 55-59 år						
1	Anna Margrethe Tråve	Lærdal II	1:01:21	44:45	1:46:06	
2	Liv Heide Magnussen	Ask Friidrett	1:10:17	49:19	1:59:36	13:30

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Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
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Kvinner 55-59 år

3	Anita Kvaase	Mbi	1:13:50	58:08	2:11:58	25:52
4	Bente T. Morvik	Team Melkesyre	1:21:13	57:22	2:18:35	32:29
5	Anne Bjørsom	Mhi	1:19:04	1:02:11	2:21:15	35:09
6	Linda Straume	-	1:24:38	1:05:40	2:30:18	44:12
7	Aud Hiller	St. Olavs Hospital	1:21:59	1:10:58	2:32:57	46:51
8	Elsa Langhaug	Visma	1:29:34	1:15:10	2:44:44	58:38
9	Britt Eggen	Oslo	1:38:46	1:21:26	3:00:12	1:14:06
10	Randi Strudahl Fjellanger	Halden Komune	1:34:39	1:25:47	3:00:26	1:14:20
Count	10	Entered: 14	Started: 10		# controls 1	

Kvinner 60-64 år

1	Liv Thommesen	Trondheim	1:08:06	54:21	2:02:27	
2	Ingebjørg Trandum	Bk-Ski	1:16:41	55:58	2:12:39	10:12
Count	2	Entered: 3	Started: 2		# controls 1	

Kvinner 65-69 år

1	Anne Raftevold	Hornindal	1:31:31	1:15:15	2:46:46	
Count	1	Entered: 2	Started: 1		# controls 1	

Kvinner 70-74 år

1	Haldis Nagell-Dahl	T.i.f. Viking	1:26:36	1:06:19	2:32:55	
Count	1	Entered: 3	Started: 2		# controls 1	

Gutar 15-17 år

1	Andreas Rauset	Sandane Turn Og II	51:12	37:18	1:28:30	
2	Rasmus Haugen	Hornindal II	51:35	37:01	1:28:36	00:06
3	Eirik Rauset	Sandane Turn Og II	51:20	37:46	1:29:06	00:36
4	Morten Haugsvær	Nyborg	51:46	39:16	1:31:02	02:32
5	Vetle Hammersvik	Kyrkjebø II	52:22	41:14	1:33:36	05:06
6	Oscar B. Lillemoen	Sigdal Friidrettsklubb	56:33	40:01	1:36:34	08:04
7	Erlend Bakken	Veten II	58:22	39:44	1:38:06	09:36
8	Youri van der Werve	Hornindal II	57:51	40:41	1:38:32	10:02
9	Luke Gerwing	Fort Sask. Nordic	1:00:28	43:58	1:44:26	15:56
10	Gaute Bø	Markane II	1:01:47	45:47	1:47:34	19:04
11	Krister Smaadal	Team Smaadal	1:05:18	45:17	1:50:35	22:05
12	Alexander Wolff	Hyllestad II	1:06:40	46:50	1:53:30	25:00
13	Sigmund Aasen Kvalheim	Måløy	1:09:04	49:38	1:58:42	30:12
14	Peter Falkevik	Team Falkevik	1:07:16	51:39	1:58:55	30:25
15	Larkin Wasmuth	Fort Sask. Nordic	1:10:23	51:55	2:02:18	33:48
16	Sindre Kr Skar	Samnanger II	1:09:36	54:57	2:04:33	36:03
17	Mass-Bendik Øygard Reksten	Reksta	1:08:08	1:00:13	2:08:21	39:51
18	Simen Ramsdal	Eikefjord II	1:14:27	56:32	2:10:59	42:29
19	Jonas Rørdam Baa	Rælingen	1:18:43	1:01:12	2:19:55	51:25
Count	19	Entered: 21	Started: 19		# controls 1	

Menn 18-19 år

1	Iver Matias Linge Glomnes	Valldal II	50:00	35:19	1:25:19	
2	Vegard Hegrenes	Bama	49:53	35:54	1:25:47	00:28
3	Sebastian Aagnes	Bærums Skiklub	54:28	41:25	1:35:53	10:34
4	Torstein Bu	Førde II	49:45	48:54	1:38:39	13:20
5	Tate MacDonald	Fort Sask. Nordic	59:55	42:18	1:42:13	16:54

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Menn 18-19 år						
6	Anders Cowper	Rocky Mountain Racers	1:03:53	42:04	1:45:57	20:38
7	Trygve Leigland Njaa	Rossvoll Volleyballklubb	1:05:18	46:30	1:51:48	26:29
8	Jomar Austefjord	Justagjerdskameratane	1:06:31	52:14	1:58:45	33:26
9	Vebjørn Hamre	Moi II	1:30:23	1:00:24	2:30:47	1:05:28
Count	9	Entered: 10	Started: 9		# controls 1	
Menn 20-22 år						
1	Johannes Thingnes Bø	Markana IL/ Bama	44:24	31:30	1:15:54	
2	Tommy Haga	Sogndal II	45:02	32:45	1:17:47	01:53
3	Ole Martin Erdal	Førde II	46:11	33:23	1:19:34	03:40
4	Martin Finne	Il Gular	47:50	39:34	1:27:24	11:30
5	Kamphenøy Anders	Furnes	49:16	40:52	1:30:08	14:14
6	Henrik Waagan Skarbø	Il Lauparen	54:18	38:26	1:32:44	16:50
7	Ragnor Bruvoll Alme	Sandane	58:58	43:33	1:42:31	26:37
8	Sondre Hamre	Moi II	1:03:04	47:42	1:50:46	34:52
9	Martin Flåten	Lerøy	1:10:27	45:08	1:55:35	39:41
10	Nikolai Andersen	The Underdog	1:11:50	56:47	2:08:37	52:43
11	Adrian Torsvik	Brattholmen	1:19:53	1:04:38	2:24:31	1:08:37
Count	11	Entered: 11	Started: 11		# controls 1	
Menn 23-34 år						
1	Ahmet Arslan	Ankara	39:56	29:34	1:09:30	
2	Stian Hovind-Angermund	Varegg Team Melkesyre	40:55	29:23	1:10:18	00:48
3	Tomas Bereket	SK Vidar	40:30	31:52	1:12:22	02:52
4	Thorbjørn Thorsen Ludvigsen	Bfg Bergen	41:27	33:09	1:14:36	05:06
5	Sindre Hoff	Viksdalen II	42:58	32:44	1:15:42	06:12
6	Kjetil Hagtvedt Dammen	Rustad II / Team	45:07	32:17	1:17:24	07:54
7	Fabian Alraun	Team Scott	43:32	34:01	1:17:33	08:03
8	Arve Rindal	Eid II	45:02	33:51	1:18:53	09:23
9	Morten Eilifsen	Ik Rindal / Team Dynafit	45:10	36:28	1:21:38	12:08
10	Arild Een	Voss II	47:54	34:10	1:22:04	12:34
11	Giovanni Tacchini	Crazy La Sportiva	47:06	35:01	1:22:07	12:37
12	Ketil Monssen	Bergen	47:24	35:01	1:22:25	12:55
13	Reinar Aaland	Hornindal II	47:12	35:29	1:22:41	13:11
14	Ronny Børsheim	Fana	49:08	35:24	1:24:32	15:02
15	Ragnar Stølsmark	Gti-Stavanger	49:22	35:13	1:24:35	15:05
16	Are Siljan Børset	Multiconsult Bil	50:54	36:00	1:26:54	17:24
17	Knut Anders Hatlen	Stranda II	49:33	37:42	1:27:15	17:45
18	Andreas Søfteland	Søfteland Friidrett	50:49	36:59	1:27:48	18:18
19	Dagfinn Edvardsen	Kleppestø	51:11	37:23	1:28:34	19:04
20	Jan Roger Hagen	Straumsnes II	51:16	37:24	1:28:40	19:10
21	Eirik Vestrheim	Il Fri	49:20	39:29	1:28:49	19:19
22	Christian Lønøy	Multiconsult / Fjellgeitene	51:46	37:43	1:29:29	19:59
23	Anton Olofsson	Fjällframfart SK	52:06	37:34	1:29:40	20:10
24	Jonas Magnussen	Fjellgeitene	51:24	38:41	1:30:05	20:35
25	Harald Sundgot-Borgen	Sportsmaster	52:09	38:26	1:30:35	21:05
26	Morten Sverdrup-Thygeson	Hosle	51:08	39:41	1:30:49	21:19
27	Tor-Aanen Kallekleiv	Bergen Triathlon Club	52:31	38:31	1:31:02	21:32
28	Tore Andre Hustad	Ntnui	53:26	39:00	1:32:26	22:56
29	Daniel Kvåle	Sogndal II	54:21	38:37	1:32:58	23:28
30	Mats Steinsland	Varegg Melkesyre	55:09	39:11	1:34:20	24:50
31	Daniel Fluge	Jølster	54:49	39:45	1:34:34	25:04
32	Trygve Watne	Sandnes	54:47	40:08	1:34:55	25:25
33	Thomas Nybø	Sogndal II	51:35	43:42	1:35:17	25:47
34	Kay Roger Haugen	Loen	55:08	41:31	1:36:39	27:09

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 23-34 år						
35	Anders-Otto Plassen	Ayia Napa Basecamp	56:14	40:41	1:36:55	27:25
36	Johannes Bratlie	Bergen	56:23	41:19	1:37:42	28:12
37	Bjørnar Hornnes	Vik Il	56:19	41:58	1:38:17	28:47
38	Peder Flo	Prope Victoria	57:06	41:53	1:38:59	29:29
39	Harald Eidsheim	Mjøsdalen Il	56:56	42:10	1:39:06	29:36
40	Rasmus Endre Bø	Bama	57:08	41:59	1:39:07	29:37
41	Hallvard Eriksen Buer	Blodsmak Sportsklubb	56:49	42:50	1:39:39	30:09
42	Tov Ramberg	Sandnes	59:53	39:47	1:39:40	30:10
43	AMaxwell Ian Sorby Adams	Gfil	57:51	42:43	1:40:34	31:04
44	Rune Martin Jensen	Oslo	57:08	44:11	1:41:19	31:49
45	Tarjei Kallekleiv	Sweco	59:12	42:20	1:41:32	32:02
46	Jan-Eirik Småbrekke	Sweco Bil	57:47	43:47	1:41:34	32:04
47	Espen Forfang Paterson	Drammen	59:41	42:13	1:41:54	32:24
48	Vegard Hansen	Befas	54:35	47:27	1:42:02	32:32
49	Endre Risøy	Eid Il	1:00:18	42:14	1:42:32	33:02
50	Johan Bagge	Iksu Outdoor	55:07	47:34	1:42:41	33:11
51	Carl Janssen	Team Nicolaysen	1:01:27	43:55	1:45:22	35:52
52	Runar Brusletto	Geilo	59:42	46:15	1:45:57	36:27
53	Floire Nathanael Daub	Team Opptur	1:01:52	44:08	1:46:00	36:30
54	Stig Jarle Svardal	Sweco Bil	1:00:13	46:24	1:46:37	37:07
55	Runar Andersen	Team Fotopro	59:01	47:43	1:46:44	37:14
56	Daniel Opheim	Stavanger	1:01:41	45:06	1:46:47	37:17
57	Erling-Andrè Kvistad Nilsen	Aajjk	1:01:25	45:42	1:47:07	37:37
58	Ole Martin Brennsæter	Multiconsult Bil	1:03:10	44:30	1:47:40	38:10
59	Nikolai Hydle Rivedal	Veritas Bil	1:01:04	47:10	1:48:14	38:44
60	Lars Bjørbæk	Løping Florø	1:02:03	46:12	1:48:15	38:45
61	Thomas Myrvold Ølness	Søfteland Friidrett	59:33	48:46	1:48:19	38:49
62	Magne Wathne	Stryn	1:02:05	46:35	1:48:40	39:10
63	Jonas Langeteig	Lerøy	1:06:00	42:57	1:48:57	39:27
64	Nicolay Jansen Wiig	Team Nicolaysen	1:03:35	46:40	1:50:15	40:45
65	Henrik Ravndal	Sweco Bil	1:03:31	46:51	1:50:22	40:52
66	Svein Urban Ringstad	Multiconsult Bil	59:09	51:28	1:50:37	41:07
67	Pål Magnus	Team Raske Gutter	1:05:53	44:49	1:50:42	41:12
68	Johan Landrø	Multiconsult Bil	1:03:18	48:10	1:51:28	41:58
69	Stig Torheim	Byggmester Markhus	1:03:32	48:41	1:52:13	42:43
70	Torben Wedervang	Multiconsult Bil	1:06:23	46:27	1:52:50	43:20
70	Ben Holan	Cc	1:03:26	49:24	1:52:50	43:20
72	Roger Holte	Klæbu	1:06:19	46:33	1:52:52	43:22
72	Harald Austrheim	Sweco Bil	1:06:31	46:21	1:52:52	43:22
74	Johan Hjartnes	Team Nicolaysen	1:06:22	46:34	1:52:56	43:26
75	Rune Løsnestøkken	Moelv City	1:05:10	48:31	1:53:41	44:11
76	Rune Holte	Ålesund	1:07:16	48:24	1:55:40	46:10
77	Roger Edvardsen	Kleppestø	59:28	56:30	1:55:58	46:28
78	Andre Kjelsnes	Naprapatsenteret	1:09:09	47:17	1:56:26	46:56
79	Knut Kolskår	Oslo	1:08:58	47:48	1:56:46	47:16
80	Bjørn Magne Olsen	Rsk	1:07:33	49:39	1:57:12	47:42
81	Børge Skjold	Skanska Aktiv	1:05:06	52:22	1:57:28	47:58
82	Eirik Nordhaug	Norconsult As	1:07:20	50:09	1:57:29	47:59
82	Arne Åsmund Gjerland	Haukedalen Il	1:08:40	48:49	1:57:29	47:59
84	Jon Grunnan	Oslo	1:08:26	49:15	1:57:41	48:11
85	Oddne Skrede	Jølster Il	1:09:12	49:12	1:58:24	48:54
86	Tommy Totland Hauge	Seige-Menn	1:10:21	48:21	1:58:42	49:12
87	Ole Daniel Nitter	N&n	1:06:04	52:55	1:58:59	49:29
88	Otto Bergesen	Team Nicolaysen	1:10:33	50:35	2:01:08	51:38
89	Carl Martin Welde	Grimstadholmen	1:08:49	52:20	2:01:09	51:39
90	Kenneth Holte	Loddefjord	1:09:53	51:49	2:01:42	52:12
91	Frank-Runar Øren	Bbml	1:10:53	51:49	2:02:42	53:12

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 23-34 år						
92	Lim Alexander Nordeide	Outdoor Bergen	1:10:48	52:00	2:02:48	53:18
93	Jan Martin Antonsen	Bergen Kommune	1:10:35	52:14	2:02:49	53:19
93	Lars Martin Håvardstun	Seige-Menn	1:09:43	53:06	2:02:49	53:19
95	Andreas Bratlie	Sweco Bil	1:08:11	54:53	2:03:04	53:34
96	Bård Moberg	Norsk Kraft	1:08:22	55:17	2:03:39	54:09
97	Petter Sætremyr	Videonor	1:09:48	54:13	2:04:01	54:31
98	Jarle Lindvik	Team Positiv	1:08:09	56:21	2:04:30	55:00
99	Andreas Bjermeland	Aalesund	1:11:46	53:48	2:05:34	56:04
100	Eivind Berge Hofland	Oslo	1:11:58	54:12	2:06:10	56:40
101	Jørn-Åge Stikholmen	Domstein	1:11:23	56:35	2:07:58	58:28
102	Raymond Tyssøy	Byggmester Markhus	1:12:38	56:01	2:08:39	59:09
103	Tore Haugen	Hankø Consulting	1:14:55	54:03	2:08:58	59:28
104	Einar Vadøy	Seige-Menn	1:08:55	1:02:18	2:11:13	1:01:43
105	Christian Carlson	Tiiim Slankbakfra	1:14:51	56:24	2:11:15	1:01:45
106	Jan Reidar Kalstad	Lerøy	1:13:58	57:42	2:11:40	1:02:10
107	Jogeir Romarheim	Hjellvik II	1:12:34	59:26	2:12:00	1:02:30
108	Simen Holmedal	Innherad Krets Og	1:16:08	56:15	2:12:23	1:02:53
109	Jonas Ringstad	Team X-tra Spesiell	1:16:42	1:02:23	2:19:05	1:09:35
110	Geir Inge Muri Syversen	Aga Klubben Bil	1:14:26	1:06:14	2:20:40	1:11:10
111	Øystein Drabløs Langlo	Team Includia	1:18:59	1:05:49	2:24:48	1:15:18
112	Javier Ripa	Estella/sandane	1:33:18	53:30	2:26:48	1:17:18
113	Frank Opstad	Bergen	1:21:38	1:07:17	2:28:55	1:19:25
114	Daniel Svarstad	Seige-Menn	1:22:11	1:07:43	2:29:54	1:20:24
115	Henrik Rachlew	Privat	1:28:10	1:04:54	2:33:04	1:23:34
116	Ole Petter Gravdal	Befas	1:26:22	1:13:43	2:40:05	1:30:35
117	Jan Petter Tveiterås	Olsvik	1:24:18	1:22:02	2:46:20	1:36:50
118	Magnus Wiger Austefjord	Sandnes	1:27:39	1:21:50	2:49:29	1:39:59
119	John Ulvenes	Kokstad	1:38:47	1:14:53	2:53:40	1:44:10
120	Nikolai Riise	Team Nikolaysen	1:31:41	1:24:50	2:56:31	1:47:01
121	Stefan Øvre Jensen	Kokstad	1:38:50	1:30:45	3:09:35	2:00:05
Count	121	Entered: 155	Started: 123		# controls 1	

Menn 35-39 år

1	Orlando Edwards	London	42:08	31:43	1:13:51	
2	Jens Arne Svartedal	Ncc	49:23	32:59	1:22:22	08:31
3	Jonny Kibsgaard	Gular	47:52	35:32	1:23:24	09:33
4	Kjetil Myklebust	Oslo	47:21	36:56	1:24:17	10:26
5	Andrzej Dlugosz	Poland	46:17	38:21	1:24:38	10:47
6	Ørjan Nilsen	Fjellgeitene	51:42	36:56	1:28:38	14:47
7	Fujio Miyachi	Buff	49:43	38:59	1:28:42	14:51
8	Jon Are Sundland	Il Fri	50:50	37:59	1:28:49	14:58
9	Mikael Johansen	Førde Ck	50:03	38:49	1:28:52	15:01
10	Jon Ivar Djønnne	Il Fri	51:51	37:53	1:29:44	15:53
11	Rune Aase Kalhagen	Eid Motbakkelag	51:05	39:23	1:30:28	16:37
12	Stian Helgesen	Nipo	52:45	37:44	1:30:29	16:38
13	Einar Johansen	Runner Up	52:40	37:58	1:30:38	16:47
14	Anders Bringsvor	Sandsøy Idrettslag	52:38	38:23	1:31:01	17:10
15	Torgeir Dalseth	Ålesund	53:09	39:10	1:32:19	18:28
16	Arild Skriden	Skjåk II	54:16	38:53	1:33:09	19:18
17	Joar Moldskred	Hakallestranda	54:44	40:09	1:34:53	21:02
18	Lars Engeli	Fjellgeitene	54:39	40:20	1:34:59	21:08
19	Trygve Andresen	Varegg / Fjellgeitene	53:42	41:50	1:35:32	21:41
20	Ole Martin Saltkjel	Bergen	55:16	40:20	1:35:36	21:45
21	Helge Heimseter	Eikefjord II	55:29	40:54	1:36:23	22:32
22	Thomas Sandhaug	Molde Og Omegn If	56:20	40:08	1:36:28	22:37
23	Ståle Auran	Fjellgeitene.no	56:20	40:25	1:36:45	22:54

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times	Time	Behind
Menn 35-39 år					
23	Idar Heimdal Espe	Fjellgeitene.no	56:53 39:52	1:36:45	22:54
25	Kjell Olav Kusslid	Haukedalen	55:10 43:00	1:38:10	24:19
26	Klaus Roberg	Team Conan	59:26 39:58	1:39:24	25:33
27	Arild Vonheim	Eid Motbakkelag	55:35 44:23	1:39:58	26:07
28	Ove Dalseid	Stråleterapien	57:46 42:36	1:40:22	26:31
29	Anders Johansen	Ottestad Sykleklubb	59:53 42:38	1:42:31	28:40
30	Bjørn Oksavik	Oksavikingen	1:01:10 43:21	1:44:31	30:40
31	Lars Petter Degnepoll	Førde	59:19 45:22	1:44:41	30:50
32	Håvard Alnes	Statoil Bil	1:00:23 44:22	1:44:45	30:54
33	Stian Hordvik	Thommessen	59:38 45:19	1:44:57	31:06
34	Kristian Anton Simonsen	Varegg Fleridrett	1:00:16 44:43	1:44:59	31:08
35	Steinar Haugen	Avinor	1:00:34 44:26	1:45:00	31:09
36	Hilmar Kråkenes	Skavøpoll II	1:04:02 43:15	1:47:17	33:26
37	Jan B. Skrøppa	Førde	1:01:34 46:16	1:47:50	33:59
38	Bjørn Magne Kleppenes	Førde II	1:01:52 45:59	1:47:51	34:00
39	Trond Nottveit Stokken	Bkk Bil	1:01:57 46:15	1:48:12	34:21
40	Henrik Litland	Asker Triathlon	1:03:08 45:23	1:48:31	34:40
41	Aslak Hordvik	Hordvik	1:03:47 44:46	1:48:33	34:42
42	Åsmund Kringlebotten	Kopervik	1:04:37 44:13	1:48:50	34:59
43	Thomas N. Johannessen	Aker Solutions	1:02:00 47:05	1:49:05	35:14
44	Arne Sjursæther	Team Grinde-Veten	1:02:34 46:52	1:49:26	35:35
44	Arne Dombestein	Team Includia	1:02:49 46:37	1:49:26	35:35
46	Thomas Natvik	Sinnatrimmen	1:05:08 45:44	1:50:52	37:01
47	Christar Lone	Statoil Bil	1:04:22 47:32	1:51:54	38:03
48	Roald Nesse	Byggmester Markhus	1:03:52 48:55	1:52:47	38:56
49	Knut Gunnar Ulvedal	Veten II	1:06:43 46:05	1:52:48	38:57
50	Karl-Magnus Tobiassen	Bergen	1:06:08 48:02	1:54:10	40:19
51	Jakob Årman	För Broderfolkens Vål	1:08:10 46:21	1:54:31	40:40
52	Andreas Iversen	Morvikgjengen	1:06:42 48:17	1:54:59	41:08
53	Martin Klaesson	Olden	59:06 56:16	1:55:22	41:31
54	Lars Otto Alme	Fjellhug/vereide II	1:06:38 48:55	1:55:33	41:42
55	Espen Vangsnes Pedersen	Team Melkesyre	1:09:24 46:30	1:55:54	42:03
56	Vegard Vågene	SK Brann	1:05:56 50:29	1:56:25	42:34
57	Leif Egil Bjørsvik	Hsi	1:07:50 48:51	1:56:41	42:50
58	Åge Myking	Mjøsdaalen I.I	1:08:05 49:20	1:57:25	43:34
59	Øyvind Pettersen	Team Grinde-Veten	1:06:17 51:15	1:57:32	43:41
60	Remy Aasen	Audi Team	1:07:57 51:34	1:59:31	45:40
61	Jon Anders Birkeland	Hjellvik II	1:07:09 53:14	2:00:23	46:32
62	Arild Indrefjord	Lerøy	1:08:02 52:59	2:01:01	47:10
63	Frode Trælnes	Naprapatsenteret	1:09:33 51:29	2:01:02	47:11
64	Hans Christian Myhre	Hylkje	1:09:59 51:31	2:01:30	47:39
65	Cato Richardsen	Kleppestø	1:10:21 51:18	2:01:39	47:48
66	Øyvind Hope	Fana Flis	1:09:02 54:39	2:03:41	49:50
67	Stian Rønnekleiv	Flora Ck	1:12:10 53:47	2:05:57	52:06
68	Frank-Jakob Sandbakk	Markane II	1:13:47 52:33	2:06:20	52:29
69	Kjetil Grung	Multiconsult Bil	1:10:22 56:04	2:06:26	52:35
70	Marius Engeli	Fjellgeitene	1:14:07 53:37	2:07:44	53:53
71	Idar Sekkingstad	Bravo Seafood	1:14:11 54:35	2:08:46	54:55
72	Ørjan Tenden-Vie	If Fri	1:14:53 54:10	2:09:03	55:12
73	Tor Helge Skarstein	Statoil Bil	1:10:12 58:53	2:09:05	55:14
74	Tobias Fridhed	Neumann Bygg As	1:10:45 58:55	2:09:40	55:49
75	Steinar Kongshavn	Os	1:14:37 55:16	2:09:53	56:02
76	Roger Eide	Airlift	1:10:18 1:00:02	2:10:20	56:29
77	Bjarte Bolstad	Admiral	1:15:38 54:44	2:10:22	56:31
78	Thomas Martinsen	Bergen	1:14:02 57:13	2:11:15	57:24
79	Endre Edvardsen	Kleppestø	1:15:59 55:25	2:11:24	57:33
80	Sturla Herfindal	Nesttun	1:14:14 57:17	2:11:31	57:40

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 35-39 år						
81	Øystein Kristiansen	Lerøy	1:10:33	1:00:59	2:11:32	57:41
82	Gaute Grønfur	Jølster II	1:12:16	59:50	2:12:06	58:15
83	Kristian Valaker	Team Bedbull	1:19:10	55:08	2:14:18	1:00:27
84	Arnstein Ivesdal	Stårheim	1:16:23	57:56	2:14:19	1:00:28
85	Ketil Isaksen	Team Kjerringfri	1:22:14	58:43	2:20:57	1:07:06
86	Erik Villand	Team Bedbull	1:17:26	1:05:21	2:22:47	1:08:56
87	Øystein Alnes	Kolsås	1:14:42	1:10:22	2:25:04	1:11:13
88	Thor Arne Johansen	Langevåg II	1:25:33	1:04:41	2:30:14	1:16:23
89	Richard Sivertsen	Espeland	1:29:31	1:19:53	2:49:24	1:35:33
90	Arne Håheim	Jølster	1:32:19	1:24:42	2:57:01	1:43:10
91	Arvid Mellingen	Os	1:40:30	1:24:00	3:04:30	1:50:39
Count	91	Entered: 115	Started: 92		# controls 1	

Menn 40-44 år

1	Jonathan Wyatt	Atletica Trento	39:58	29:01	1:08:59	
2	Roger Lillestøl	Sparebanken Sogn Og	46:38	33:13	1:19:51	10:52
3	Odd-Bjørn Hjelmeset	Bama	46:36	34:25	1:21:01	12:02
4	Jann Olav Tjønneland	Viksdalen II	46:36	35:10	1:21:46	12:47
5	Gerard Cornelissen	SK Vidar	47:57	34:23	1:22:20	13:21
6	Stephan Tassani-Prell	Team Salomon Germany	47:24	36:04	1:23:28	14:29
7	Per Eivind Gurvin	Førde II	47:35	37:02	1:24:37	15:38
8	Swen Pöppel	SK Wunderthausen	49:21	35:47	1:25:08	16:09
9	Sverre Nesdal Aske	Fjellhug Vereide	49:21	36:06	1:25:27	16:28
9	Lars Olaf Haaheim	Varegg Fleridrett	49:12	36:15	1:25:27	16:28
11	Ingvar Skaar	Statoil Bergen Bil	49:43	36:41	1:26:24	17:25
12	Robert Sogge	Sykkylven	50:03	36:43	1:26:46	17:47
13	Ove Måge	Strandebarm II	51:25	37:21	1:28:46	19:47
14	Helge Vestrheim	Austevoll Sykkellubb	51:01	38:54	1:29:55	20:56
15	Jarle Flo	Sogndal II	53:39	38:01	1:31:40	22:41
16	Gisle Skjøberg	Vetenløpet 2014	53:05	39:24	1:32:29	23:30
17	Bjarne Ludvigsen	Team Melkesyre	54:17	40:09	1:34:26	25:27
17	Rune Skaar	Sula SK	54:45	39:41	1:34:26	25:27
19	Pål Thomassen	Fjellgeitene	54:05	40:28	1:34:33	25:34
20	Dag Endre Stedje	Sogndal	55:24	40:26	1:35:50	26:51
21	Vidar Mallesvik	Team Moses	56:09	40:04	1:36:13	27:14
22	Ingvald Knivsfå	Geiranger Bygg	56:39	40:57	1:37:36	28:37
23	Petter Johnsen	Norges Banks II	55:48	41:51	1:37:39	28:40
24	Tore Instebø	Bergen Ck	56:11	41:30	1:37:41	28:42
25	Terje Opheim	Team Sportsbua	56:39	41:05	1:37:44	28:45
26	Cato Rachlew	Rustad	56:55	41:27	1:38:22	29:23
27	Kjetil Styrvoll	Opptur Motbakkeklubb	55:37	42:50	1:38:27	29:28
28	Ola Frislid	Heggjabygda II	56:23	42:59	1:39:22	30:23
29	Glenn H. Tafjord	Ekornes B.i.l.	56:36	42:54	1:39:30	30:31
30	Jakob Rusten	Privat	58:22	42:19	1:40:41	31:42
31	Benny Østerbye Hansen	Sandane Sykkellubb	57:52	43:05	1:40:57	31:58
32	Bjørn Berge	Førde	57:53	43:10	1:41:03	32:04
33	Morten Tronstad	Varegg Team Melkesyre	57:41	44:04	1:41:45	32:46
34	Bjarte Osa	Loddefjord	59:30	42:24	1:41:54	32:55
35	Kenneth Fure	Fjellhug Vereide	58:44	43:17	1:42:01	33:02
36	Kjell Harald Otterlei	Langevåg II	59:41	42:29	1:42:10	33:11
37	Øyvind Bjordal	Tiiim Slank Bakfra	56:46	45:47	1:42:33	33:34
38	Håkon Igland	Keipen Turlag	59:14	43:29	1:42:43	33:44
39	Stian Bjerkvik	Volda	1:01:20	42:46	1:44:06	35:07
40	Jostein Viksøy	Team Karlsmarka	59:48	46:00	1:45:48	36:49
41	Anders Espeset	Svanøybukt	1:00:30	45:28	1:45:58	36:59
42	Per Håvard Hjukse	Atello / La Sportiva	1:03:21	43:52	1:47:13	38:14

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times	Time	Behind
Menn 40-44 år					
43	Idar Rochlenge	Dale Il	59:15 48:21	1:47:36	38:37
44	Cato Winterthun	Team Optimist	1:01:35 46:03	1:47:38	38:39
45	Geir Fauske	Frekhaug	1:01:51 46:17	1:48:08	39:09
46	Rune Pedersen	Il Fri	1:01:39 46:40	1:48:19	39:20
47	Rune Askeland	Fjellgeitene	1:00:57 47:29	1:48:26	39:27
48	Torje Bjellaas	Jølster	1:01:45 47:01	1:48:46	39:47
49	Stian Fimreite	Bergen Kommune	1:03:34 45:33	1:49:07	40:08
50	Kjell Morten Hamre	Vollen Climbers	1:02:35 46:36	1:49:11	40:12
51	Morten Årset	Team Jølster	1:02:58 47:26	1:50:24	41:25
52	Håkon Åsvang	Bravo Seafood	1:03:15 47:13	1:50:28	41:29
53	Knut Hallvard Lerøy	Lerøy	1:04:27 46:12	1:50:39	41:40
54	Bjarte Skår	Brødrene Dahl	1:04:28 46:39	1:51:07	42:08
55	Tore Bråten Bårnås	Luke The Drifters	1:03:14 47:55	1:51:09	42:10
56	Ove Gjelsvik	Lerøy	1:04:38 46:44	1:51:22	42:23
57	Terje Rebni	Svelgen Turn- Og	1:03:14 48:37	1:51:51	42:52
58	Knut Erik Olsen	Geilo	1:03:01 49:21	1:52:22	43:23
59	Eivind Tjønneland	Viksdalen Il	1:08:09 47:34	1:55:43	46:44
60	Reidar Langeland	Team Arnanipa	1:06:04 50:08	1:56:12	47:13
61	Rune Offenberga	Erstad&lekven	1:06:35 49:42	1:56:17	47:18
62	Per Inge Bjørnstad	Sykkylven SK	1:07:45 48:40	1:56:25	47:26
63	John Anton Gladsø	Sogndal Il	1:04:12 52:22	1:56:34	47:35
64	Richard Hodnefjell	Garuda Utvikling As	1:07:59 48:53	1:56:52	47:53
65	Ottar Holstad	Ålesund	1:08:59 48:12	1:57:11	48:12
66	Finn Arne Lervik	Ålesund	1:07:05 50:07	1:57:12	48:13
67	Sverre Bringsrud Fekjær	Team Kjerringfri	1:09:20 48:42	1:58:02	49:03
68	Knut Orre	Sykkylven Kommune	1:07:44 50:23	1:58:07	49:08
69	Øystein Engen	Klubb Klubbøs	1:08:38 50:02	1:58:40	49:41
70	Jan Grov	Florø	1:08:57 50:02	1:58:59	50:00
71	Are Totland	Team Melkesyre	1:10:36 48:24	1:59:00	50:01
72	Bård Bjørneset	Volda	1:07:19 51:42	1:59:01	50:02
73	Lars Petter Osa	Eg E God	1:09:31 49:51	1:59:22	50:23
74	Jan-Erik Vangsnes	Il Eldar	1:08:46 50:44	1:59:30	50:31
75	Tom-Andre Johansson	Norges Banks Il	1:10:40 50:06	2:00:46	51:47
76	Torgeir Thunes	Indre Arna	1:10:50 50:18	2:01:08	52:09
77	Ragnvald Søgnesand	Tam Opp Opp Opp!	1:11:57 49:30	2:01:27	52:28
78	Lasse Olsen	G-Max	1:09:28 52:09	2:01:37	52:38
79	Frode Olsvold	Hagavik	1:09:19 52:38	2:01:57	52:58
80	Øyvind Nyberg	Fjellgeitene/varegg	1:11:28 51:11	2:02:39	53:40
81	Atle Kristian Hornnes	Gjensidige Bank	1:12:12 50:59	2:03:11	54:12
82	Per Gunnar Fjelltveit	Bergen	1:12:15 51:22	2:03:37	54:38
83	Helge Åkernes	Emblem I.I	1:10:18 53:56	2:04:14	55:15
84	Thor Arne Solberg	Ck Henie	1:11:34 52:41	2:04:15	55:16
85	Svein Bruheim	Bravo Seafood	1:09:02 59:42	2:08:44	59:45
86	Jon Brunvoll	F.I.opp	1:12:24 57:33	2:09:57	1:00:58
87	Jørn Mikalsen	Seevia	1:13:46 57:11	2:10:57	1:01:58
88	Bjarte Nybøe	Mathopen	1:14:35 56:40	2:11:15	1:02:16
89	Brendan Mitchell	Morvik	1:15:18 56:00	2:11:18	1:02:19
90	Tore Aamodt-Bastiansen	M-i Swaco Et	1:14:17 58:13	2:12:30	1:03:31
91	Christian Magnussen	F.I. Opp	1:09:56 1:04:47	2:14:43	1:05:44
92	Christer Aastvedt	Mjøsdaalen I.I	1:14:33 1:01:51	2:16:24	1:07:25
93	Bjarte Aaland	Indre Arna	1:17:30 1:01:50	2:19:20	1:10:21
94	Eirik Andersen	Byggmester Markhus	1:22:14 57:44	2:19:58	1:10:59
95	Ole Petter Jakobsen	Bergen	1:19:51 1:00:15	2:20:06	1:11:07
96	Bjørn Rune Hansson	Blomsterdalen	1:16:17 1:04:12	2:20:29	1:11:30
97	Stein Skorpholm	Team Melkesyre	1:18:37 1:02:29	2:21:06	1:12:07
98	Torbjørn Lien	Nesttun	1:19:48 1:02:04	2:21:52	1:12:53
99	Ragnvald Flåten	Olden	1:20:50 1:01:52	2:22:42	1:13:43

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 40-44 år						
100	Bjørn Oppheim	Lerøy	1:19:42	1:04:03	2:23:45	1:14:46
101	Arvid Mellingen	Syril	1:20:48	1:04:17	2:25:05	1:16:06
102	Jon Andre Helbostad	Team Kjerringfri	1:22:15	1:03:01	2:25:16	1:16:17
103	Brede Bredesen-Opset	Bobil	1:19:44	1:12:29	2:32:13	1:23:14
104	Igor Kabarov	Lerøy	1:37:07	1:20:08	2:57:15	1:48:16
105	Øyvind Lien	Skåla Minutt For Minutt	1:34:06	1:24:48	2:58:54	1:49:55
106	Magnus Mølsæter	Tomaco	1:48:09	1:40:10	3:28:19	2:19:20
Count	106	Entered: 146	Started: 110		# controls 1	

Menn 45-49 år

1	Bjørn Ole Vassbotn	Volda Turn Og II	48:09	35:56	1:24:05	
2	Ole Jonny Vallestad	Holsen	50:47	37:17	1:28:04	03:59
3	Stein Aanensen	Mandal	52:05	37:23	1:29:28	05:23
4	Kåre Aanensen	Mandal	53:24	38:19	1:31:43	07:38
5	Geir Orrestad	Sogn Ck	53:14	38:45	1:31:59	07:54
6	Harald Hauso	Il Fri	52:36	39:41	1:32:17	08:12
7	Jørn Lothe	Sandane Sykkellubb	52:56	40:05	1:33:01	08:56
8	Olav Farestveit	Sogndal	54:18	39:07	1:33:25	09:20
9	Arnstein Vatsaas	Utrøna Seglarlag	55:15	39:47	1:35:02	10:57
10	Jørund Hammersvik	Førde	54:42	40:31	1:35:13	11:08
11	Erik Røkke	Il Lauparen	55:00	40:30	1:35:30	11:25
12	Trond Inge Nilsen	Opptur Motbakkeklubb	54:36	41:54	1:36:30	12:25
13	Brynjulf Eide	Voss	56:44	41:05	1:37:49	13:44
14	Ole Dag Auflem	Loen	56:39	41:15	1:37:54	13:49
15	Rune Wolff	Syril	56:09	41:47	1:37:56	13:51
16	Ove Wolff	Hyllestad II	56:06	42:25	1:38:31	14:26
17	Bjørn Harald Bongom	Varegg/fjellgeitene	59:02	40:16	1:39:18	15:13
18	Harald Lunde	Stryn	58:56	42:07	1:41:03	16:58
19	Kent Sviggum	Avinor	59:04	42:01	1:41:05	17:00
20	Tore Klanderud	Varegg	59:54	41:49	1:41:43	17:38
21	Odd Martin Øvrebø	Måløy II Sykkel	58:55	43:26	1:42:21	18:16
22	Terje Lyngstad	Jølster II	59:24	43:01	1:42:25	18:20
23	Terje Henriksen	Hommelstø	59:12	43:38	1:42:50	18:45
24	Oddgeir Bukve	Jotun II	1:00:03	43:32	1:43:35	19:30
25	Herman Erdal	Førde II	58:29	45:26	1:43:55	19:50
26	Roger Rake	Lommedalen II	59:49	44:40	1:44:29	20:24
27	Eivind Rauset	Gfil	59:17	45:16	1:44:33	20:28
28	Harald Svein Nystøl	Hakallestranda	1:01:13	43:43	1:44:56	20:51
29	Svein Tore Tyssealand	Svanøybukt	1:02:01	43:01	1:45:02	20:57
30	Magne Helgaas	Nordhordland SK	1:01:18	43:47	1:45:05	21:00
31	Per Endestad	Eikefjord II	1:01:15	43:57	1:45:12	21:07
32	Bjørn Martini	Asker Skiklubb	1:01:03	44:34	1:45:37	21:32
33	Stefan Kanestrøm	Avinor	1:01:29	44:51	1:46:20	22:15
34	Lyder Jensen	Straumsgrend	1:00:33	47:15	1:47:48	23:43
35	Trond Gjelstad	Sandefjord	1:01:26	47:21	1:48:47	24:42
36	Bjørn Ulvang	Tryg Forsikring	1:01:39	47:30	1:49:09	25:04
37	Per Jakob Kyrkjeeide	Markane II	1:05:00	44:13	1:49:13	25:08
38	Frode Vedå	Hjellvik II	1:03:43	45:39	1:49:22	25:17
39	Knut Hildre	Åkesund	1:04:31	45:42	1:50:13	26:08
40	Inge Værøy	Florø	1:03:04	47:27	1:50:31	26:26
41	Jo Heldaas	Oslo	1:06:54	44:14	1:51:08	27:03
42	Jon Arne Skram	Måløy	1:03:41	48:12	1:51:53	27:48
43	Kjartan Åsnes	Svint II	1:06:26	45:44	1:52:10	28:05
44	Pål Solberg	Røa II	1:05:58	46:42	1:52:40	28:35
45	Roger Koch	Abb	1:05:18	47:23	1:52:41	28:36
46	Fridtjof Fredriksen	Sykkylven II	1:04:18	48:37	1:52:55	28:50

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 45-49 år						
47	Kjell Ove Høydal	Florø	1:04:13	49:14	1:53:27	29:22
48	Trond Valaker	Skyteam	1:03:47	49:45	1:53:32	29:27
49	André Aune	Bravo Seafood Avd	1:04:37	49:08	1:53:45	29:40
50	Tom Bangjord	Frei	1:03:58	49:49	1:53:47	29:42
51	Richard Muller	Lyn Masters/ Godt Brød	1:05:21	49:01	1:54:22	30:17
52	Dag Espeseth	Lerøy	1:06:58	47:57	1:54:55	30:50
53	Knut Njaa	Kvam Langrenn-og	1:06:29	48:58	1:55:27	31:22
54	Ken Solheimdal	-----	1:05:15	50:17	1:55:32	31:27
55	Dag Gjert Thomassen	Frekhaug	1:05:05	51:12	1:56:17	32:12
56	Kjetil Flo	Stryn	1:06:26	50:45	1:57:11	33:06
57	Roger Nygård	Nygård Toppidrett	1:03:38	53:56	1:57:34	33:29
58	Martin Ramsdal	Flora Ck	1:07:40	49:56	1:57:36	33:31
59	Jan Harald Pedersen	Hyen Il	1:07:41	50:25	1:58:06	34:01
60	Odd-Harald Heggen	Heggjabygda Il	1:08:42	49:25	1:58:07	34:02
61	Knut Arve Helle	Førde Il	1:04:11	54:25	1:58:36	34:31
62	Truls Larsen	Bergen Kommunes Bil	1:10:45	48:22	1:59:07	35:02
63	Stig Muri	Gjerdrum Slaskelabbar	1:09:10	51:07	2:00:17	36:12
64	Thor-Jacob Larsen	Team Melkesyre	1:09:17	53:23	2:02:40	38:35
65	Roy Havre	Indre Arna	1:08:18	54:43	2:03:01	38:56
66	Stig Sandvik	Caverion	1:10:37	53:13	2:03:50	39:45
67	Stein Otto Johannessen	Byggmester Markhus	1:09:45	54:27	2:04:12	40:07
68	Harald Mo	Pwc	1:13:10	51:17	2:04:27	40:22
69	Stein Kjetil Holvik	Team Bedbull	1:09:45	55:13	2:04:58	40:53
70	Roy-ove Halland	Il Fri	1:12:01	53:08	2:05:09	41:04
71	Jan Erik Skogseide	Varegg Team Melkesyre	1:10:15	55:12	2:05:27	41:22
72	Tor Anders Offerdal	Lærdal Il	1:13:07	52:31	2:05:38	41:33
73	Rune Blytt	Chili Mobil	1:11:11	54:52	2:06:03	41:58
74	Tormod Espelid	Mjøsdaalen I.I	1:10:38	56:04	2:06:42	42:37
75	Jan Erik Øygard	Førde	1:12:15	55:09	2:07:24	43:19
76	Olav Herstad	Tambarskjelvar Il	1:12:25	55:41	2:08:06	44:01
77	Roger Skar	Samnanger Il	1:14:44	55:20	2:10:04	45:59
78	Jan Egil Gjørven	Markane	1:16:26	55:48	2:12:14	48:09
79	Torben Trogstad	Sundbyfoss	1:16:29	55:54	2:12:23	48:18
80	Inge Ådland	Indre Arna	1:16:54	58:19	2:15:13	51:08
81	Atle Damm	Onninen Bil	1:18:07	58:16	2:16:23	52:18
82	Magnar Kvalheim	Team Rabben	1:19:06	58:25	2:17:31	53:26
83	Morten Hamre	Os	1:16:22	1:09:04	2:25:26	1:01:21
84	Lars Tjugen	Rebil	1:27:30	1:06:16	2:33:46	1:09:41
85	Bernt Egil Riple	Lerøy	1:23:08	1:13:16	2:36:24	1:12:19
86	Harald Eidså	Team Rabben	1:27:41	1:17:56	2:45:37	1:21:32
87	Thomas Rachlew	Tolvsrød	1:33:57	1:16:16	2:50:13	1:26:08
88	Roy Arthur Høyvik	Fjellgeitene / Btc	1:41:21	1:12:55	2:54:16	1:30:11
89	Bernt Solheim	Skjetten	1:33:54	1:20:52	2:54:46	1:30:41
DNF	Frode Sunde	Team Åjaaau	1:20:36	21:31		
Count	90	Entered: 117	Started: 91		# controls 1	

Menn 50-54 år

1	Terje Hordnes	Skanska Aktiv	49:25	36:49	1:26:14	
2	Arvid Brudevoll	Vik Il	51:50	37:39	1:29:29	03:15
3	Kjell Erling Mundal	Fjærland	50:13	40:30	1:30:43	04:29
4	Geir Grindedal	Il Jotun	53:01	40:22	1:33:23	07:09
5	John Olav Måge	Strandebarm	55:39	39:43	1:35:22	09:08
6	Jan Arve Solheim	Florø T&lf	54:14	41:15	1:35:29	09:15
7	Jan Karsten Nygård	Nygård Toppidrett	55:13	41:53	1:37:06	10:52
8	Terje Skinstad	If Sturla	53:57	43:10	1:37:07	10:53
9	Kjetil Landmark	Overtoppen	58:19	40:38	1:38:57	12:43

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 50-54 år						
10	Rolf Terkelsen	Sportpartner As	57:47	42:10	1:39:57	13:43
11	Kim Tronrud	Bagn Il	58:36	41:47	1:40:23	14:09
12	Arnt Flatmo	Gurskøy	57:16	43:49	1:41:05	14:51
13	Svenn Petter Kjerpeset	Keipen Turlag.svelgen	59:03	42:16	1:41:19	15:05
14	Johan Solberg	Oppdal	59:22	42:15	1:41:37	15:23
15	Håvard Mikalsen	Gråmarka Il	58:06	43:33	1:41:39	15:25
16	Odd Arne Kolseth	Fjellhug Vereide	59:45	42:07	1:41:52	15:38
16	Valter Midtseter	Mjøsdalen I.I	58:18	43:34	1:41:52	15:38
18	Vidar Halland	Jølster Il	1:01:19	41:27	1:42:46	16:32
19	Erlend Folstad	Airlift	1:00:47	42:22	1:43:09	16:55
20	Frank Bu	Controlteam	1:00:14	42:57	1:43:11	16:57
21	Magne Espelid	Mjøsdalen I.I	59:57	43:28	1:43:25	17:11
22	Øystein Brun	Varegg Team Melkesyre	1:00:35	44:06	1:44:41	18:27
23	Øystein Hanstveit	Mjøsdlen I.I	53:30	51:12	1:44:42	18:28
24	Roar Fjeldbo	Sandefjord	1:00:22	44:41	1:45:03	18:49
25	Arne Austefjord	Sandnes	1:01:46	43:19	1:45:05	18:51
26	Arne Birkeland Mong	Hafrsfjord	1:03:16	42:47	1:46:03	19:49
27	Hallstein Saunes	Hødd Il	1:01:01	45:17	1:46:18	20:04
28	Anders Bakkebø	Åheim	1:02:55	43:48	1:46:43	20:29
29	Jan Frode Morken	Varegg Team Melkesyre	1:00:05	46:57	1:47:02	20:48
30	Åge Høines	Kondis	1:02:11	45:32	1:47:43	21:29
31	Ole Jostein Ressem	Telenor Telesport	1:02:09	45:48	1:47:57	21:43
32	Vegard Skrede	Molde	1:02:41	45:23	1:48:04	21:50
33	Trond Andreassen	Ridabu	1:02:59	45:06	1:48:05	21:51
34	Magne Aksnes	Lauvstad	1:02:28	46:09	1:48:37	22:23
35	Per Oddvar Lien	Kyrkjebø Il	1:02:40	46:26	1:49:06	22:52
36	Hans-Aksel Fjellidal	Eid Il	1:02:52	46:18	1:49:10	22:56
37	Øystein Tombre Larsen	Varegg Team Melkesyre	1:04:29	45:03	1:49:32	23:18
38	Lars Boge	Felleskjøpet Bil	1:02:07	47:27	1:49:34	23:20
39	Kåre Bøe	Markane Il	1:04:14	45:39	1:49:53	23:39
40	JP Lande	Indian Peaks Running	1:04:06	46:29	1:50:35	24:21
41	Bjørn Arve Brune	Stranda	1:05:02	45:44	1:50:46	24:32
42	Terje Myklebust	Tussa	1:05:36	45:55	1:51:31	25:17
43	Gullak Tonning	Hydro BILHøyanger	1:03:31	48:16	1:51:47	25:33
44	Morten Lossius	Holmen	1:04:19	47:44	1:52:03	25:49
45	Carl Petter Martinsen	Rådal	1:03:28	48:58	1:52:26	26:12
46	Øyvind Taule	Sweco Bil	1:04:14	48:50	1:53:04	26:50
47	Kåre Førdestrøm	Fana	1:07:42	46:52	1:54:34	28:20
48	Tor Idar Øye	Vartdal	1:05:03	49:40	1:54:43	28:29
49	Egil Holvik	Almenning Il	1:05:36	49:23	1:54:59	28:45
49	Jonny Pedersen	Dale Il	1:06:51	48:08	1:54:59	28:45
51	Trygve Eriksen	Norengros K.j. Brusdal	1:07:30	47:46	1:55:16	29:02
52	Geir Solberg	Team Melkesyre	1:08:14	47:14	1:55:28	29:14
53	Dag Nestegjerde	Hydro BIL, Høyanger	1:06:28	49:09	1:55:37	29:23
54	Lars Rune Hamre	Moi Il	1:07:18	48:50	1:56:08	29:54
55	Styrk Finne	Csc	1:05:23	51:45	1:57:08	30:54
56	Jarle Thorstensen	Oldengutane	1:09:00	48:09	1:57:09	30:55
57	Jarle Friis	Team Positiv	1:08:26	48:48	1:57:14	31:00
58	Bjørn Helge Kleppe	Mjøsdalen I.I	1:03:44	53:38	1:57:22	31:08
59	Nils Olav Kvam	Fisken Bil	1:09:10	48:23	1:57:33	31:19
60	Odd Arne Hanstveit	Mjøsdalen I.I	1:08:03	50:09	1:58:12	31:58
61	Halfdan Marøy	Opptur	1:08:43	49:39	1:58:22	32:08
62	Morthen Askildsen	Dnb	1:09:30	49:04	1:58:34	32:20
63	Magnus Frøyen	Eikefjord Il	1:10:20	48:19	1:58:39	32:25
64	Roy Alapnes	Yttersia	1:07:10	51:31	1:58:41	32:27
65	Johannes Fleten	Holsen	1:10:15	48:59	1:59:14	33:00
66	Sverre Søraa	Måløy Ilo Sykkel	1:07:14	52:14	1:59:28	33:14

Result list

La Sportiva Skåla Opp 2014

Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 50-54 år						
67	Torkel Wæringsåsen	Holmen	1:08:39	51:12	1:59:51	33:37
68	Steinar Austefjord	Justagjerdskameratane	1:09:11	50:59	2:00:10	33:56
69	Hugo Bjørdal	Kondis	1:10:54	50:42	2:01:36	35:22
70	Knut Haaland	Skanska Aktiv	1:09:07	53:15	2:02:22	36:08
71	Thor Olav Andersen	Skyteam	1:10:45	53:02	2:03:47	37:33
72	Arild Lingjerde	Oldengutane	1:13:54	50:05	2:03:59	37:45
73	Kjell Ove Solberg	Ellingsøy	1:10:26	54:39	2:05:05	38:51
74	Martin Solheim	Hilstad II	1:14:09	53:56	2:08:05	41:51
75	Gorm Windingstad	Møkkaløkka Seilforening	1:13:34	54:53	2:08:27	42:13
76	Tor Havåg	Ulstein Sykkellubb	1:13:40	54:57	2:08:37	42:23
77	Ole Morten Rønning	Øvrevoll/hosle II	1:12:37	56:54	2:09:31	43:17
78	Helge Legernes	Findwise	1:12:47	56:54	2:09:41	43:27
79	Bjørn Førde	Jølster	1:16:47	54:42	2:11:29	45:15
79	Gunnar Helgås	Florø	1:13:02	58:27	2:11:29	45:15
81	Trond Einar Martinsen	Laksevåg	1:14:06	57:42	2:11:48	45:34
82	Olvar Øvrebø	Bergen	1:17:25	54:24	2:11:49	45:35
83	Asbjørn Røyrvik	Florø	1:16:13	55:48	2:12:01	45:47
84	Kjell Kleiven	Førde II	1:18:16	55:59	2:14:15	48:01
85	Ivar Humberset	Volda T Og II	1:16:32	57:55	2:14:27	48:13
86	Arthur Nilsen	Toro	1:15:27	59:35	2:15:02	48:48
87	Gunnar Magne Bakken	Veten II	1:16:39	58:37	2:15:16	49:02
88	Asgeir Thomassen	Gular	1:19:08	57:28	2:16:36	50:22
89	Steinar O Pedersen	Hommelstø	1:17:23	59:37	2:17:00	50:46
90	Jukka Peltala	Tampere	1:17:58	59:31	2:17:29	51:15
91	Erik Angerman	Melkesyre	1:17:33	1:00:58	2:18:31	52:17
92	Egil Linge Anderssen	Skaubygda II	1:18:19	1:00:20	2:18:39	52:25
93	Jon Rørdam	Hsil	1:18:38	1:01:23	2:20:01	53:47
94	Tommy Sæthre	Sauradn	1:19:47	1:00:48	2:20:35	54:21
95	Aril Eide	Ask	1:23:18	1:02:50	2:26:08	59:54
96	Tore Fossen	Team Bedbull	1:23:58	1:04:56	2:28:54	1:02:40
97	Are Selheim	Statoil	1:19:07	1:11:09	2:30:16	1:04:02
98	Harald Engevik	Florø	1:27:57	1:05:03	2:33:00	1:06:46
99	Olav Osvoll	Sunnfjord Energi	1:26:58	1:18:34	2:45:32	1:19:18
100	Rune Brakstad	Klp	1:31:02	1:15:27	2:46:29	1:20:15
101	Christian Garate	Team Melkesyre	1:39:08	1:13:43	2:52:51	1:26:37
102	Bjarte Lending	Førde	1:37:27	1:27:04	3:04:31	1:38:17
103	Arne Teilgård	Privat	1:41:52	1:30:39	3:12:31	1:46:17
Count	103	Entered: 136	Started: 105		# controls 1	

Menn 55-59 år

1	Magnar Solheim	Norrdalsfjord	52:54	39:07	1:32:01	
2	Bright Strømmen	Il Fri	52:53	40:44	1:33:37	01:36
3	Terje Torvanger	Bremanger Idrettslag	55:01	40:31	1:35:32	03:31
4	Bjørn Aanensen	Mandal	55:42	40:27	1:36:09	04:08
5	Arild Bjarkø	Nord-østerdal Ok	55:39	41:30	1:37:09	05:08
6	Stein Nilsen	Ask Friidrett	56:35	40:36	1:37:11	05:10
7	Olav Kvalheim	Nyborg	55:43	42:17	1:38:00	05:59
8	Dag-Arne Eide	Sandane Sykkellubb	58:52	42:05	1:40:57	08:56
9	Claus Clausen	Askøy Sykleklubb	59:50	42:02	1:41:52	09:51
10	Stein Hefte	Mjøsdaalen I.I	59:41	44:30	1:44:11	12:10
11	Øystein Øvsthus	Mjøsdaalen I.I	1:01:01	45:40	1:46:41	14:40
12	Paul Einar Borgen	Sportsmaster	1:01:08	45:42	1:46:50	14:49
13	Lars Sverdrup-Thygeson	Høvik Jogg	1:03:05	45:16	1:48:21	16:20
14	Odd Steinar Natvik	Aordal Motabakkellag	1:01:40	47:37	1:49:17	17:16
15	Gunnar Samuelsen	Norkart Bil	1:02:38	48:30	1:51:08	19:07
16	Rune Gjerstad	Mjøsdaalen I.I	1:04:56	47:22	1:52:18	20:17

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Loen 16.08.2014

Rank	Name	Team	Radio times		Time	Behind
Menn 55-59 år						
17	Lars Olav Knutsen	Tysse	1:06:56	49:07	1:56:03	24:02
18	Torbjørn Ugelvik	Team Skigo	1:06:20	50:10	1:56:30	24:29
19	Arne Myklebust	Sandane Sykkelklubb	1:07:11	49:23	1:56:34	24:33
20	Per Inge Fjellheim	Ny Von	1:04:55	51:46	1:56:41	24:40
21	Petter Danielsen	Mandal	1:06:02	51:17	1:57:19	25:18
22	Einar Strand	Olden II	1:06:25	51:01	1:57:26	25:25
23	Morten Sæther	Oslo	1:06:01	54:15	2:00:16	28:15
24	Olav Terøy	Stavang	1:09:28	52:03	2:01:31	29:30
25	Audun Normann Ramsdal	Eikefjord II	1:18:46	57:54	2:16:40	44:39
26	Sam.Kristian Skår	Eid II	1:14:08	1:03:18	2:17:26	45:25
27	Olav M. Hjelle	Eid II	1:16:50	1:01:42	2:18:32	46:31
28	Øyvind Aarseth	Kyrkjebø	1:15:36	1:03:20	2:18:56	46:55
29	Arne Straume	-	1:22:01	1:00:21	2:22:22	50:21
30	Rolf Gjelsvik	Lerøy	1:19:01	1:04:44	2:23:45	51:44
31	Rune Lia	Ryvingen Skiklubb	1:18:35	1:05:25	2:24:00	51:59
32	Olav Eide	-	1:23:17	1:02:00	2:25:17	53:16
33	Halvar Myren	Bremanger	1:21:44	1:04:59	2:26:43	54:42
Count	33	Entered: 42	Started: 33		# controls 1	

Menn 60-64 år

1	Ove Bernes	Mjøsdaalen I.I	54:11	38:50	1:33:01	
2	Jon Sjurgard	Lom II	54:51	38:22	1:33:13	00:12
3	John A. Andersen	Varegg	59:46	41:07	1:40:53	07:52
4	Ole Bjørn Braathen	Vestre Lier	59:44	42:25	1:42:09	09:08
5	Per Gunnar Vasset	Langevåg	1:01:21	44:23	1:45:44	12:43
6	Aksel Øvsthus	Mjøsdaalen I.I	1:01:49	45:08	1:46:57	13:56
7	Magne Vikne	Osterøy	1:01:09	47:50	1:48:59	15:58
8	Erik Driveklepp	Volda	1:03:28	46:39	1:50:07	17:06
9	Anders Boge	Mjøsdaalen I.I	1:04:34	45:48	1:50:22	17:21
10	Jarle Reidar Torheim	Eid I.I.	1:04:20	47:32	1:51:52	18:51
11	Per Gunnar Kvenseth	Nekton	1:05:00	47:23	1:52:23	19:22
12	Reidar Eide	Førde II	1:04:55	49:57	1:54:52	21:51
13	Terje Johansen	Mandal	1:07:13	48:01	1:55:14	22:13
14	Tor Bjarne Repstad	Søgne Skiklubb	1:10:17	48:46	1:59:03	26:02
15	Rolf Kahrs Hansen	Bck	1:13:12	53:07	2:06:19	33:18
16	Truls Gundersen	Støtet	1:09:38	57:43	2:07:21	34:20
17	Reidar Olderkjær	Sunde	1:13:21	55:13	2:08:34	35:33
18	Trygve Njåstad	Bergen	1:15:55	53:06	2:09:01	36:00
19	Arvid Morvik	Team Melkesyre	1:14:33	54:41	2:09:14	36:13
20	Paul Alnes	Ålesund	1:14:15	57:15	2:11:30	38:29
21	Bjørnulf Vik	Team Arena	1:16:05	56:28	2:12:33	39:32
22	Alf Bøen	Bck	1:15:01	58:42	2:13:43	40:42
23	Harald Stein Munkvold	Førde II	1:19:34	59:43	2:19:17	46:16
24	Kjetil Byrkjeland	Ottadalen Sykkelklubb	1:20:39	58:42	2:19:21	46:20
25	Per Bjarte Hanstvedt	Mjøsdaalen I.I	1:20:55	1:02:29	2:23:24	50:23
26	Jarle Fjellanger	Norske Skog Saugbrugs	1:29:14	1:13:03	2:42:17	1:09:16
27	Helge Egeland	Domstein	1:44:17	2:17:45	4:02:02	2:29:01
Count	27	Entered: 29	Started: 27		# controls 1	

Menn 65-69 år

1	Per Øyvind Tveiten	Tørvikbygd I.I.	59:10	43:10	1:42:20	
2	Trond Sundby	Balestrand	1:04:03	50:36	1:54:39	12:19
3	Roger Anglevik	Il Fri	1:11:41	54:59	2:06:40	24:20
4	Rolf Tennebø	Sfe-Bil	1:14:10	56:17	2:10:27	28:07
5	Vidar Olderkjær	Gjøvik Skiklubb	1:15:32	55:27	2:10:59	28:39

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Rank	Name	Team	Radio times		Time	Behind
Menn 65-69 år						
6	Steinar Tysse	Mjøsdaalen I.I	1:17:06	55:23	2:12:29	30:09
7	AMagne Hjortland	Norengros	1:14:57	59:37	2:14:34	32:14
8	Torgeir Ødegård	Skjåk	1:21:26	55:45	2:17:11	34:51
9	Bjørn Sørheim	Sauradnkameratadn	1:18:12	1:02:14	2:20:26	38:06
10	Halvor Thurn-Basberg	Sauradnkameratadn	1:19:30	1:05:00	2:24:30	42:10
11	Jan Solheimslid	Førde	1:24:38	1:05:39	2:30:17	47:57
Count	11	Entered: 15	Started: 11		# controls 1	

Menn 70-74 år

1	John Svahn	Øystese II	1:06:26	47:58	1:54:24	
2	Jan Steinar Roset	Gloppen Friidrettslag	1:14:15	54:58	2:09:13	14:49
3	Lars Håheim	Tif Viking	1:19:58	58:37	2:18:35	24:11
4	Andreas Etterlid	Førde II	1:21:27	1:00:54	2:22:21	27:57
5	Arne Indredavik	No Team	1:23:40	1:00:03	2:23:43	29:19
6	Jostein Visnes	Almenning II	1:31:35	1:08:27	2:40:02	45:38
7	Nils Are Klubben	Posten	1:30:51	1:15:30	2:46:21	51:57
8	Jan Rachlew	Tønsberg	2:05:24	2:09:33	4:14:57	2:20:33
Count	8	Entered: 10	Started: 8		# controls 1	

Menn 75-79 år

1	Aksel Nilssen	Fauske II	1:19:59	57:11	2:17:10	
2	Martin Sande	Gaular II	1:22:23	1:02:28	2:24:51	07:41
3	Roald Korssjøen	Spillum	1:26:34	1:20:23	2:46:57	29:47
4	Leif Andreas Hamre	Moi II	1:30:47	1:18:07	2:48:54	31:44
Count	4	Entered: 5	Started: 4		# controls 1	